

St. Joseph's Catholic Primary School & Nursery

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PUPIL ANTI BULLYING POLICY DEvised BY OUR SCHOOL COUNCIL September 2026

What is bullying? Bullying is negative behaviour, deliberately directed at another person which is meant to hurt, frighten, intimidate or upset.

What is bullying about? Bullying takes many forms. It can be about: appearance, race or ethnicity, religion or belief, family circumstances and culture, gender or homophobia, learning needs or disabilities.

Where and how does bullying happen? Bullying happens in many ways: face to face, by phone (making prank calls), and online (cyberbullying) sending hurtful or unkind texts and emails, posting messages to or about someone or by creating fake profiles to cause harm.

What is the difference between a lapse in kindness and bullying?

Bullying is deliberate and sustained. It happens:

Several
Times
On
Purpose

What can I do to STOP bullying at St Joseph's?

RECOGNISE what bullying is and

REACT if you, or somebody else, is being bullied.

REPORT IT You must tell someone or use the worry box. We will

RESPOND We're here to help, so make sure you

REACH OUT to a trusted grown up or friend.

REMEMBER bullying is unacceptable. Always strive to be kind and

REFLECT on your own behaviour and choices. We all deserve

RESPECT. Stamping out bullying is everyone's

RESPONSIBILITY